

## VILLAGE NEWS

## November 2020



## **HELLO FROM THE VILLAGE**

This month's newsletter is about celebrating the holidays. The big question for all of us is: how do we celebrate the holidays during Covid.

By tradition, my entire family of 14 celebrates Thanksgiving in my home. They travel from Massachusetts, Pennsylvania and Frederick and typically spend a week in my condo. Every inch of space is used for sleeping. We have been doing this for 20 years and this is the first year that we will not be getting together. We thought long and hard before we came to this decision. But we decided that it was better to be safe and healthy than to worry. Thanksgiving 2020 will be celebrated with a Zoom call.

I know that many of our readers are wrestling with similar decisions. Therefore, this newsletter focuses on fun things to do, see and eat during the holidays. Treat yourself to a catered meal, call your family or friends, take a long walk, watch a great movie, see a Broadway show virtually, or start your holiday Christmas or Hanukkah shopping. Most important, stay safe and healthy.

-- Fran Randolph, VKL Chair



## **NEW TRADITIONS**

Thanksgiving is a day we celebrate with food, family and friends. This year things will be different. Family and friends will be separated and will have made the safe but tough choice to social distance. Therefore, this could be a time to make new traditions. Here are suggestions for different ways to celebrate.

Call your relatives and friends	Watch the National Dog Show	Play board games or charades
Interview family members to document family history	Watch a football game	Do a puzzle
Organize a dinner outside with friends and neighbors	Volunteer at a food kitchen or food drive	Go for a walk
Plan a future gathering when Covid allows	Donate to a food bank	Share what you are thankful for

If you do choose to get together with your family, the CDC and Montgomery County have some helpful guidelines to do this safely.

Click for the <u>CDC LINK</u> for information.

Click for the MC LINK for information.

## **HOLIDAY EATING**

Need a little help "cooking" Thanksgiving dinner? Here's a few suggestions of where you can buy Thanksgiving dinner if you don't want to cook:

- ✓ Whole Foods Market
- ✓ Harris Teeter
- ✓ Safeway
- ✓ Not Your Average Joe's
- ✓ Buca di Beppo
- ✓ Clyde's Tower Oaks

## THINGS TO DO FROM YOUR LIVINGROOM



#### **TODAY TIX**

Watch Phantom of the Opera, Moulin Rouge or Hamilton from your couch. Pick a City. Pick a Show. Take a Seat at a (virtual) show from the comfort of your home.

Click HERE to Learn More.



### **GOLDSTAR**

Take a virtual tour of the Hermitage, listen to a Josh Groban or Neil Diamond Virtual Concert, and take an on-line educational program about Hamilton. Goldstar streams theater, concerts, conversation, guided meditation, lectures and more. Click <u>HERE</u> to Learn More. Some events are free.

## The Kentlands Film Society invites you to check out 10 of their favorite movies. Click HERE to see their Movie List.

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A young woman goes on a 1,700-mile trek across the deserts of West Australia with four camels and her faithful dog.

### **MORE MOVIE SUGGESTIONS**

The Kadam family leaves India for France where they open a restaurant directly across the road from Madame Mallory's Michelin-starred eatery

The Hundred-Foot Journey

### **Magic in the Moonlight**

A romantic comedy about an Englishman brought in to help unmask a possible swindle. Personal and professional complications ensue.

#### Now You See Me

An F.B.I. Agent and an Interpol Detective track a team of illusionists who pull off bank heists during their performances

# **Ever After: A Cinderella Story**

The Brothers Grimm arrive at the home of a wealthy Grande Dame who speaks of the many legends surrounding the fable of the cinder girl before telling the "true" story of her ancestor.

### **August Rush**

An orphaned musical prodigy uses his gift to try to find his birth parents.

## The 100 Year-Old Man Who Climbed Out the Window and Disappeared

After living a long and colorful life, Allan Karlsson finds himself stuck in a nursing home. On his 100th birthday, he leaps out a window and begins an unexpected journey.

In addition to these movie suggestions, the Kentlands Film Society also has a suggestion list of movies. Click <u>HERE</u>.



### IT'S THAT TIME OF THE YEAR...

We observe many cultural celebrations in December such as the following:

**Dec.** 6<sup>th</sup> is Saint Nicholas Day — Christian. This holiday honors the birth of Saint Nicholas, the saint who serves as a role model for gift-giving. He is commonly known as Santa Claus.

**Dec 8**<sup>th</sup> **is Bodhi Day** — Buddhist. This holiday celebrates the day in which Siddhartha Gautama sat underneath the Bodhi tree and attained enlightenment. Today, followers renew their dedication to Buddhism, and reaffirm themselves to enlightenment and compassion to other living creatures.

**Dec.** 10<sup>th</sup> to 18<sup>th</sup> is Hanukkah — Judaism. This is the eight-day Jewish festival of lights which recognizes the Maccabean revolt in Egypt. Every day for eight days candles are lit on a menorah to honor the holiday.

**Dec. 16<sup>th</sup> to 24<sup>th</sup> is Posadas Navidenas** — Christian. This Hispanic holiday lasts for nine days which represents the nine-month pregnancy of Mary, the mother of Jesus. Each night there is a candlelit procession reenacting the search by Mary and Joseph for a safe place to welcome the infant Jesus.

**Dec. 25**<sup>th</sup> is **Christmas** — Christian. Christmas celebrates the birth of Jesus Christ. Many attend church, have family parties and exchange gifts.

**Dec. 26<sup>th</sup> to Jan 1<sup>st</sup> is Kwanzaa** – Cultural. This is a celebration of African-American culture that culminates in gift-giving and a feast of faith called Karamu Ya Imani.

Families decorate their households with objects of art, African cloth such as kente, the wearing of kaftans by women, and fresh fruits that represent African idealism.

**Dec 26<sup>th</sup> is Boxing Day**. This holiday originated in the United Kingdom and is celebrated in a number of countries that previously formed part of the British Empire. The Box refers to the Christmas box that wealthy lords gave to their staff as presents.

## **HOLIDAY SHOPPING**



Gaithersburg Artist Collective/Artists on Market will be "popping-up" at the Arts Barn in the Kentlands this year for their Holiday Art Market.

Contact the Arts Barn to make a needed appointment for you to shop safely.

November 13 through December 30, 2020

Call: 301-258-6394

Or email: <a href="mailto:artsbarn@gaithersburgmd.gov">artsbarn@gaithersburgmd.gov</a> Or online: <a href="mailto:https://signup.com/go/pbUOdDx">https://signup.com/go/pbUOdDx</a>



November 27 through December 23, 2020

# The Annual Fine Arts & Crafts Holiday Gift Show Sandy Spring Museum

The annual show features one-of-a-kind gifts handmade by local artists including jewelry, quilts, pottery, and other fine arts and crafts. The museum's resident artists will offer their newest creations ranging from glossy enamel work and mixed media collage to a variety of hand-forged jewelry and unique hand-built ceramics. In addition, local artists from the community will have hand-crafted items for sale.

https://www.sandyspringmuseum.org/giftshow/

### Holiday Inspired Art November 13, 2020 – January 10, 2021 Kentlands Mansion

Local artists exhibit their artwork that is inspired by winter and the holiday season. Viewing is by appointment only – call 301-258-6425 to make your social distance reservation. An added bonus – the Mansion will be decked out in holiday décor.



### **Strathmore Museum Shop Holiday Market**

Celebrates 31 years of bringing together the area's best museum and cultural shops in a one-stop online shopping adventure. Visit the virtual market to get unique gifts for everyone on your list.

Museum Shop Holiday Market

## **CULTURAL THINGS TO DO**

### Cool Yule-Time Music with The Movement

December 11, 2020 @ 8:00 pm | Virtual Event

Join Mark G. Meadows and his band. The Movement, as they reinvent your favorite holiday classics with their jazz, R&B, and gospel influenced sound. With songs ranging from The Temptations' "Little Drummer Boy", to Stevie Wonder's "What Christmas Means to Me", to The Ronette's "Sleigh Ride", Mark G. Meadows & The Movement will be sure to have you grooving into the holidays with a contagious sense of joy & merriment.

This concert is sponsored by Arts on the Green, click HERE to purchase tickets.

## Storytime at the Arts Barn – 'Twas the Night Before Christmas

December 18, 2020 @ 7:00 pm | Virtual Event

Curl up with your warm drink and cookies to enjoy a virtual, live stream reading of 'Twas the Night Before Christmas told by Father Christmas himself. This will stream on the Arts on the Green's Facebook.

### **Winter Chorus Concert**

December 19, 7:00 pm | Virtual Event

The Gaithersburg Chorus is streaming a virtual holiday concert featuring In the Bleak Midwinter and Hope is the Thing with Feathers. The performance will be streamed on the Arts on the Green Facebook.



# **The Kennedy Center**



Click HERE for exclusive live and on-demand concert experiences.



Click the links to view the Folger Theater and Two River Companies presentation of "Macbeth"

### PART 1 and PART 2



"Couch Concerts" brought to you by the Kennedy Center's Millennium Stage. Join for LIVE streaming performances, direct from the artist's living rooms to yours!

Mondays, Wednesdays, & Fridays at 4:00 p.m.

Join on the Couch

## VIEWS FROM THE VILLAGE

The Village at Kentlands and Lakelands publishes monthly articles about issues and activities related to people over 55 who are aging in place in our community. Access the latest article "We are a Caring Community" HERE.

## DO YOU KNOW?



## Volunteers are ready to help you!

We have many volunteers ready and willing to help you, such as picking up prescriptions, engaging in social phone calls, getting groceries, or delivering meals from a restaurant to your door.

All you need to do is call Jean Mocarski at 240-449-9002 or send her an email at: <a href="mailto:jeanmocarski@gmail.com">jeanmocarski@gmail.com</a>.

### YOU COULD BE A VILLAGE MEMBER!

The Village at Kentlands and Lakelands seeks to create a strong sense of fellowship and concern for one another. The Village offers those 55 and over an opportunity to join a community of active adults who are aging within their own homes to improve their lives through social connectedness and cultural enrichment, and to receive a helping hand if needed.

We offer **Service** and **Social** memberships. We also welcome volunteers and supporters of any age at any time. Click the link below to learn more about membership and volunteering.

<u>LEARN MORE</u>

#### SIGN-UP HERE TO RECEIVE A COPY OF THE NEWSLETTER

**VISIT OUR WEBSITE @ www.villagekentlandslakelands.org** 

**VISIT US ON FACEBOOK**